

Parenting Style Questionnaire

	Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1	I want my child to follow my instructions because I am the authority to decide what they should or should not do.					
2	I see myself as a guide for my child as they go through life.					
3	I tend to be very soft with my child; it makes it hard to discipline them at the right moment.					
4	I have few demands on my child; I give them total freedom.					
5	I have little patience to tolerate any misbehavior of my child or to listen to any excuses if they make mistakes.					
6	I try to understand the feelings of my child in any situation and always try to get the opinion of my child whatever the circumstance.					
7	If my child were to come home with low grades, I would not give any type of discipline; rather, I assume he/she will do better next time					
8	Due to my own overwhelming feelings, I struggle connecting with my child.					
9	I strongly believe that my child's future is in my hands, so there is a strict schedule and set of rules and expectations for my child to follow.					
10	I give full freedom to my child to share everything with me.					
11	I am quick to reward to my child for obeying me or behaving well.					

	Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
12	As I am very busy with my household and office duties, I don't have a lot of time to pay attention to my child's school or to spend time talking to them about their thoughts and feelings.					
13	While I have high expectations for my child, I sometimes struggle with being affectionate or validating how they feel					
14	As I understand the strength and weakness of my child, I set some appropriate rules for him/her and give friendly corrections whenever necessary.					
15	Even though I have goals about my child's future, I cannot follow it as well as I would like because of how lenient I am.					
16	I have so much stress I struggle with taking care of my child's needs.					
17	In my discipline I tend to give physical punishment because I know my child won't listen otherwise.					
18	I will help my child set realistic career goals, and will not force my child in any specific future career					
19	As I was brought up by strictly disciplined parents, I am very liberal with my child.					
20	I usually give more importance to my own likes and wishes, but tend to ignore the needs or misbehaviours of my child.					
21	I believe that only through punishment (i.e., yelling, spanking, taking things away) a child can be corrected or learn a lesson.					

	Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
22	Whenever my child fails to follow the directions, consequences are always accompanied with some sort of love and affection.					
23	If my child were to have a meltdown or tantrum, I am quick to do whatever I can to calm them down—it makes me really uncomfortable.					
24	As I am busy and get little time to care my child, he/she has quite a bit of freedom to make their own decisions.					
25	The punishment I give to my child depends on my mood.					
26	My child often talks with me out of being disciplined after he/she has done something they were not supposed to.					
27	I always threaten my child with discipline, but often do not follow through.					
28	I am not sure about my child's life outside of our home.					
29	Whenever my child doesn't listen or does something wrong, I am quick to get angry, and criticize, yell, or get physical.					
30	Even though I am busy, I have enough time to visit my child's school and to meet their teacher(s) to know how they are doing in school.					
31	I often feel bad for my child, so I end up doing things for them that they might be able to do for themselves.					
32	I don't feel like to tell my child where I am going or when I'll be home					

Take your scores from the quiz above and use the top row to give each question a score out of 5. Add up the scores (scores are the top row and question numbers are the far-left column).

Example:

32. I don't feel like to tell my child where I am going or when I'll be home **strongly agree** = 5 under "N"

SCORE	5	4	3	2	1	SCORE	5	4	3	2	1
QUESTION	<i>Strongly Agree</i>	<i>Agree</i>	<i>Neutral</i>	<i>Disagree</i>	<i>Strongly Disagree</i>	QUESTION	<i>Strongly Agree</i>	<i>Agree</i>	<i>Neutral</i>	<i>Disagree</i>	<i>Strongly Disagree</i>
1						2					
5						6					
9						10					
13						14					
17						18					
21						22					
25						26					
29						30					

Authoritarian= _____

Authoritative= _____

SCORE	5	4	3	2	1	SCORE	5	4	3	2	1
QUESTION	<i>Strongly Agree</i>	<i>Agree</i>	<i>Neutral</i>	<i>Disagree</i>	<i>Strongly Disagree</i>	QUESTION	<i>Strongly Agree</i>	<i>Agree</i>	<i>Neutral</i>	<i>Disagree</i>	<i>Strongly Disagree</i>
3						4					
7						8					
11						12					
15						16					
19						20					
23						24					
27						28					
31						32					

Permissive= _____

Neglectful= _____